

# SEPTEMBER 2026

## K-6 Breakfast Menu

| MONDAY                                                       | TUESDAY                                           | WEDNESDAY                                                      | THURSDAY                                            | FRIDAY                                                |
|--------------------------------------------------------------|---------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------------|
|                                                              | 1<br>WG Muffin, Applesauce Cup, Cheese Stick      | 2<br>Fruit & Yogurt Parfaits with WG Granola, Peaches          | 3<br>WG Cinnamon Rolls, Strawberries, Cheese Stick  | 4<br><b>No School</b>                                 |
| 7<br><b>No School<br/>LABOR DAY</b>                          | 8<br>WG Snack Bread Variety, Pears, Cheese Stick  | 9<br>WG Cereal, 100% Juice Box, Applesauce Cup, String Cheese  | 10<br>WG Cinnamon Rolls, Strawberries, Cheese Stick | 11<br>Fruit Smoothie, WG Graham Crackers, Mixed Fruit |
| 14<br>WG Donut Variety, Apples, Yogurt                       | 15<br>WG Muffin, Applesauce Cup, Cheese Stick     | 16<br>Fruit & Yogurt Parfaits with WG Granola, Peaches         | 17<br>WG Cinnamon Rolls, Strawberries, Cheese Stick | 18<br>WG Bagel and Cream Cheese, Mixed Fruit, Yogurt  |
| 21<br>WG Pancake & Sausage on a Stick, Oranges, Cheese Stick | 22<br>WG Snack Bread Variety, Pears, Cheese Stick | 23<br>WG Cereal, 100% Juice Box, Applesauce Cup, String Cheese | 24<br>WG Cinnamon Rolls, Strawberries, Cheese Stick | 25<br>Fruit Smoothie, WG S'mores Bar, Mixed Fruit     |
| 28<br>WG Donut Variety, Apples, Yogurt                       | 29<br>WG Muffin, Applesauce Cup, Cheese Stick     | 30<br>Fruit & Yogurt Parfaits with WG Granola, Peaches         |                                                     |                                                       |

All K-6 breakfasts are served with a choice of flavored and unflavored fat free or 1% milk. All ECE breakfasts are served with unflavored fat free or 1% milk. Water is available with all meals. At minimum, one whole grain (WG) item is served daily.