

OCTOBER 2026

K-6 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WG Cinnamon Rolls, Strawberries, Cheese Stick	2 WG Bagel and Cream Cheese, Mixed Fruit, Cheese Stick
5 Egg & Cheese on a WG Bagel, Fruit, Cheese Stick	6 WG Snack Bread Variety, Pears, Cheese Stick	7 Fruit & Yogurt Parfaits with WG Granola, Peaches	8 WG Cinnamon Rolls, Strawberries, Yogurt	9 Fruit Smoothie, WG Graham Crackers, Mixed Fruit
12 WG Donut Variety, Apples, Yogurt	13 WG Muffin, Applesauce, Cheese Stick	14 WG Cereal, 100% Juice Box, Applesauce, Yogurt	15 No School MEA	16 No School MEA
19 WG Pancake & Sausage on a Stick, Oranges, Cheese Stick	20 WG Snack Bread Variety, Pears, Cheese Stick	21 Fruit & Yogurt Parfaits with WG Granola, Peaches	22 WG Cinnamon Rolls, Strawberries, Cheese Stick	23 Cheesy Scrambled Eggs, Mixed Fruit, Yogurt, WG Biscuit
26 WG Donut Variety, Apples, Yogurt	27 WG Muffin, Applesauce Cup, Cheese Stick	28 WG Cereal, 100% Juice Box, Applesauce Cup, String Cheese	29 WG Cinnamon Rolls, Strawberries, Yogurt	30 Fruit Smoothie, WG Ultimate Breakfast Rounds, Mixed Fruit

All K-6 breakfasts are served with a choice of flavored and unflavored fat free or 1% milk. All ECE breakfasts are served with unflavored fat free or 1% milk. Water is available with all meals. At minimum, one whole grain (WG) item is served daily.