

October

Breakfast



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Oatmeal, Hot Pastries, String Cheese	2 Cinnamon Rolls, Banana Bread, Yogurt	3 Cereal, Blueberry Muffin, String Cheese	4 No School – Teacher Workshop	5
6	7 Cereal, Apple Oatmeal Bar, String Cheese	8 Oatmeal, Pop Tarts, String Cheese	9 Cinnamon Rolls, Banana Bread, Yogurt	10 Cereal, Bagels, String Cheese	11 French Toast, Pretzels, Yogurt	12
13	14 Cereal, Cinnamon Grahams, String Cheese	15 Oatmeal, Breakfast Round, String Cheese	16 Cinnamon Rolls, Banana Bread, Yogurt	17 No School – MEA	18 No School - MEA	19
20	21 Cereal, Goldfish, String Cheese	22 Oatmeal, Cinnamon Toast Crunch Bar, String Cheese	23 Cinnamon Rolls, Banana Bread, Yogurt	24 Cereal, Blueberry Muffin, String Cheese	25 Maple Waffles, Cinnamon Grahams, Yogurt	26
27	28 Cereal, Apple Oatmeal Bar, String Cheese	29 Oatmeal, French Toast, String Cheese	30 Cinnamon Rolls, Banana Bread, Yogurt	31 Cereal, Bagels, String Cheese		

Breakfast is served with a choice of fat free or 1% unflavored milk for children in our ECE programs.
Children in K-6 will be given the option of either fat free or 1% unflavored milk, or fat free chocolate milk.

Water is also available.

Fruit options will be served daily, examples are: Applesauce, Peaches, Mandarin Orange, Mixed Fruit, Juice (Grape, Apple, Orange)