

SEPTEMBER 2026

ECE Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Muffin, Applesauce Cup, Cheese Stick	2 Fruit & Yogurt Parfaits with WG Graham Crackers, Peaches	3 WG English Muffin and Jelly, Strawberries, Cheese Stick	4 No School
7 No School LABOR DAY	8 WG Snack Bread Variety, Pears, Cheese Stick	9 WG Cereal, 100% Juice Box, Applesauce Cup, String Cheese	10 WG Biscuit, Strawberries, Cheese Stick	11 Fruit Smoothie, WG Graham Crackers, Mixed Fruit
14 WG Cereal, 100% Juice Box, Apples, Yogurt	15 WG Muffin, Applesauce Cup, Cheese Stick	16 Fruit & Yogurt Parfaits with WG Graham Crackers, Peaches	17 WG English Muffin and Jelly, Strawberries, Cheese Stick	18 WG Bagel and Cream Cheese, Mixed Fruit, Yogurt
21 WG Cereal, 100% Juice Box, Oranges, Cheese Stick	22 WG Snack Bread Variety, Pears, Cheese Stick	23 WG Cereal, 100% Juice Box, Applesauce Cup, String Cheese	24 WG Biscuit, Strawberries, Cheese Stick	25 Fruit Smoothie, WG Graham Crackers, Mixed Fruit
28 WG Cereal, 100% Juice Box, Apples, Yogurt	29 WG Muffin, Applesauce Cup, Cheese Stick	30 Fruit & Yogurt Parfaits with WG Graham Crackers, Peaches		

All ECE breakfasts are served with unflavored fat free or 1% milk. Water is available with all meals. At minimum, one whole grain (WG) item is served daily.