

Holy Trinity Catholic School

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Goulash, Buttered Bread, Corn, Cooked Carrots, Fruit	2 Cheese Pizza, Caesar Salad, Green Beans, Fruit	3
4	5 Pulled Pork on WG Bun, Cole Slaw, Baked Beans, Fruit	6 Mid-Term Taco Soup, Tortilla Chips, Salsa & Cheese, Fresh Veggies, Fruit	7 Chicken Gravy, Mashed Potatoes, Broccoli, Buttered Bread, Fruit	8 Hamburger Rice Hotdish, Buttered Bread, Corn, Veggies/Dip, Fruit	9 No School Teacher Workshop	10
11	12 Hot Dog on WG Bun, French Fries, Baked Beans, Fruit	13 B*day Lunch Meat Loaf, Mashed Potatoes, Creamed Corn, Butter Bread, Fruit	14 B*day Lunch Hot Ham & Cheese on WG Bun, Au Gratin Potatoes, Broccoli, Fruit	15 No School Fall Vacation	16 No School Fall Vacation	17
18	19 Yummy Sloppy Joe on WG Bun, Roasted Potatoes, Corn, Pickles, Fruit	20 Taco in a Bag, Lettuce, Cheese, Salsa, Baked Beans, Corn, Fruit	21 Chicken Tetrazzini, Garlic Breadstick, Lettuce Salad, Peas, Fruit	22 Chili, Grilled Cheese, Veggies w/Dip, Fruit	23 French Toast Sticks, Scrambled Eggs, Tater Tots, Blueberry Muffin, Fruit	24
25	26 Chicken Noodle Soup, Corn, Peas, Buttered Bread, Fruit	27 Pork Rib on WG Bun, Roasted Potatoes, Corn, Fruit	28 Spaghetti with Meat Sauce over WG Noodles, Garlic Bread Stick, Broccoli, Fruit	29 Chicken and Noodles, Buttered Bread, Carrots, Peas, Fruit	30 Tomato Soup, Grilled Cheese, Green Beans, Fruit	31

Each meal is served with fat free, 1% or chocolate milk, water is also available.

Menu is subject to change without notice. WG = Whole Grain food item.

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