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Faith Formation – Academic Excellence

## **WELLNESS COMMITTEE**

**Monday, May 8, 2017** 3:15-4:15 pm                      Room 101

Members: Present: Debra Meyer-Myrum, Theresa Purkat, Linda Schraut, Cindy Marshik  
Absent: Rachel Young, Jenah Gross, Kelli Diederich, , Robyn Skwira, Becky Przybilla, and Carolyn Walcheski, Eric Grimsby

## **AGENDA**

Components the Wellness Policy MN Law:

- Goals for nutrition education, physical activity and other school-based activities.
- Nutrition guidelines for all foods available on each school campus during the school day.
- Guidelines for reimbursable school meals that are no less restrictive than those issued for the National School Lunch Program.
- Implementation and evaluation plans of the local wellness policy.
- Community involvement.
- Nutrition promotion.

The committee reviewed the new wellness policy and plan developed from the resource provided from the hot lunch review held on May 4<sup>th</sup>. The committee had already completed the wellness assessment using [www.healthiergeneration.org](http://www.healthiergeneration.org) . The wellness policy and plan will be presented to the school board for review in May and approval in June.

Next meeting date:              Fall 2017